

# Daylight Saving Time Begins 2 AM Sunday, March 9th

- **Clocks “spring” forward one hour at 2 AM Sunday.**
- **This causes later sunrises and later sunsets.**
- **Remember to set your clocks ahead 1 hour before you go to sleep Saturday night!**
- **It’s also a good time to check the batteries in your smoke and carbon monoxide detectors, along with your NOAA Weather Radio.**