

HAWAII PACIFIC AVIATION WEATHER SAFETY WORKSHOP

Mountainous Environment Hazards to Rotary Wing Operations



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June 09, 2023

***High Altitude
Wind
Turbulence***



What is a Designated Mountainous Area?

14 CFR Chapter 1

Subpart B—Designated Mountainous Areas (Est. 1956)

- § 95.19 *Hawaii Mountainous Area*. (Est. 1962, Amended 1963)

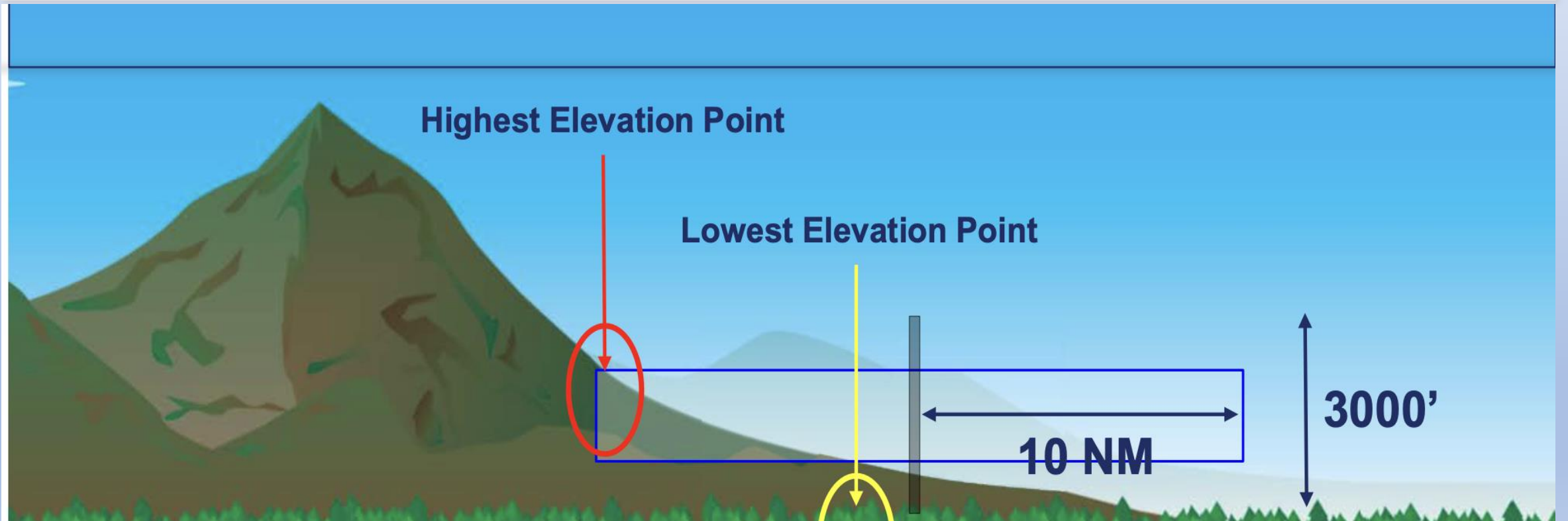
Definition:

- ***Designated mountainous areas include those areas having a terrain differential exceeding 3'000 feet within 10 nautical miles within those one arc-second quadrangles overlying terrain or U.S. territorial waters.***

An area used to identify a terrain elevation differential exceeding 3,000 ft within:

1. A 10 NM radius from a specified point (“*Grid Method*”); or,
2. 10 NM from the centerline of a route or transition (“*Route Method*”).

Mountainous Area



High Altitude

- High Density Altitude
- Reduced lift capability
- Reduced engine performance
- Degraded overall maneuverability
- Landing distances are lengthened
- Load capabilities and rates of climb are reduced
- OGE power may not be available
- Accidents resulting from High Density Altitude and High Gross Weight are a major contributing factor for Army Aviation aircraft losses.

WHEELER - 838' MSL

CH-47 PERFORMANCE PLANNING CARD

For use of this form, see TC 3-04.12; the proponent agency is TRADOC.

POINT NAME: PHHI	DEPARTURE DATA				DTD ID:			
OPERATING WT:	28600	T/O FUEL WT:	5800	LOAD:	0			
PRESSURE ALT:	730	FAT:	22	TAKE OFF GWT:	34400 / 34400			

FUEL MANAGEMENT								
TIME:	QTY:	PPH:		BURNOUT:		RSV:		
MAX TQ AVAIL - 10 MIN. / S/E	DUAL ENGINE		SINGLE ENGINE					
	NO LOAD	WITH LOAD	NO LOAD	WITH LOAD				
MAX TORQUE AVAIL - 30 MIN	100		123					
CONTINUOUS TORQUE AVAIL	100		101					
MAX GWT TO HVR 10 MIN. / SE IGE/ OGE	50000	50000	50000	50000	40663	36969	40663	36969
MAX GWT TO HVR 30 MIN. IGE/ OGE	50000	50000	50000	50000				
MAX GWT TO HVR CONT IGE/ OGE	50000	50000	50000	50000				
PREDICTED HVR TQ - IGE/ OGE	50	56	50	56	99	112	99	112
GO / NO GO TQ	87		87					
MAX MSN PROFILE GWT / VALIDATION	50000	81	50000	81				

POINT NAME: Cruise	CRUISE DATA				DTD ID:			
AIRSPED LIMIT:	163 / 163	LCT RET Vne:	96 / 96	DRAG FACTOR:	0 / 0			
PRESSURE ALT:	2000	FAT:	20	DUAL ENGINE		SINGLE ENGINE		
MAX TQ AVAIL - 10 MIN. / S/E	NO LOAD		WITH LOAD		NO LOAD		WITH LOAD	
	100		97		120		97	
CONTINUOUS TORQUE AVAIL	97		97					
MAX GWT CONT PWR	50000	50000						
MAX R/C AND ENDURANCE IAS	72	72						
MAX RANGE IAS	138	138						
CRUISE SPEED - IAS	100	100	72	72				
CRUISE TQ (+ DRAG FACTOR)	39	39	71	71				
CRUISE FUEL FLOW	2070	2070	1470	1470				
MINIMUM SINGLE ENGINE IAS			0		0			
MAXIMUM SINGLE ENGINE IAS			138		138			
MAX GWT S/E / SESC			50000	12590	12590			

POINT NAME: Arrival	ARRIVAL DATA				DTD ID:			
LANDING GWT:	33600 / 42100		DUAL ENGINE		SINGLE ENGINE			
PRESSURE ALT:	300	FAT:	20	NO LOAD	WITH LOAD	NO LOAD	WITH LOAD	
MAX TQ AVAIL - 10 MIN. / S/E	100		123					
	100							
CONTINUOUS TORQUE AVAIL	100		104					
MAX GWT TO HVR 10 MIN. / SE IGE/ OGE	50000	50000	50000	50000	40914	37197	*38069	*37197
MAX GWT TO HVR 30 MIN. IGE/ OGE	50000	50000	50000	50000				
MAX GWT TO HVR CONT IGE/ OGE	50000	50000	50000	50000				
PREDICTED HVR TQ - IGE/ OGE	48	54	70	72	96	108	*141*	*145*

VS

POHAKULOA TRAINING AREA - 6190' MSL

CH-47 PERFORMANCE PLANNING CARD

For use of this form, see TC 3-04.12; the proponent agency is TRADOC.

POINT NAME: BAAF	DEPARTURE DATA				DTD ID:			
OPERATING WT:	28600	T/O FUEL WT:	5800	LOAD:	0			
PRESSURE ALT:	6190	FAT:	18	TAKEOFF GWT:	34400 / 34400			

FUEL MANAGEMENT								
TIME:	QTY:	PPH:		BURNOUT:		RSV:		
MAX TQ AVAIL - 10 MIN. / S/E	DUAL ENGINE		SINGLE ENGINE					
	NO LOAD	WITH LOAD	NO LOAD	WITH LOAD				
MAX TORQUE AVAIL - 30 MIN	99		103					
CONTINUOUS TORQUE AVAIL	91		84					
MAX GWT TO HVR 10 MIN. / SE IGE/ OGE	46788	46788	46788	46788	*33690	*30630	*33690	*30630
MAX GWT TO HVR 30 MIN. IGE/ OGE	46788	46631	46788	46631				
MAX GWT TO HVR CONT IGE/ OGE	46788	43872	46788	43872				
PREDICTED HVR TQ - IGE/ OGE	53	60	53	60	*106*	*120*	*106*	*120*
GO / NO GO TQ	86		86					
MAX MSN PROFILE GWT / VALIDATION	44150	74	44150	74				

POINT NAME: Cruise	CRUISE DATA				DTD ID:			
AIRSPED LIMIT:	132 / 132	LCT RET Vne:	68 / 68	DRAG FACTOR:	0 / 0			
PRESSURE ALT:	8000	FAT:	14	DUAL ENGINE		SINGLE ENGINE		
MAX TQ AVAIL - 10 MIN. / S/E	NO LOAD		WITH LOAD		NO LOAD		WITH LOAD	
	94		80		97		80	
CONTINUOUS TORQUE AVAIL	80		80					
MAX GWT CONT PWR	43850	43850						
MAX R/C AND ENDURANCE IAS	71	71						
MAX RANGE IAS	124	124						
CRUISE SPEED - IAS	100	100	71	71				
CRUISE TQ (+ DRAG FACTOR)	43	43	74	74				
CRUISE FUEL FLOW	1954	1954	1453	1453				
MINIMUM SINGLE ENGINE IAS			31		31			
MAXIMUM SINGLE ENGINE IAS			113		113			
MAX GWT S/E / SESC			40426	12560	12560			

POINT NAME: BAAF	ARRIVAL DATA				DTD ID:			
LANDING GWT:	30600 / 30600		DUAL ENGINE		SINGLE ENGINE			
PRESSURE ALT:	6190	FAT:	18	NO LOAD	WITH LOAD	NO LOAD	WITH LOAD	
MAX TQ AVAIL - 10 MIN. / S/E	99		103					
	91							
CONTINUOUS TORQUE AVAIL	84		84					
MAX GWT TO HVR 10 MIN. / SE IGE/ OGE	46788	46788	46788	46788	33690	30630	33690	30630
MAX GWT TO HVR 30 MIN. IGE/ OGE	46788	46631	46788	46631				
MAX GWT TO HVR CONT IGE/ OGE	46788	43872	46788	43872				
PREDICTED HVR TQ - IGE/ OGE	46	52	46	52	91	103	91	103



Origin of wind and its causes

- Atmospheric pressure and temperature variations cause the air to move in two ways: ascending and descending currents (vertical motions) and the horizontal flow of air known as wind.
- Currents and winds or atmospheric circulation cause weather changes.
- Knowledge of the wind is essential for navigation, fuel management, load capabilities and flight safety purposes.



AVIATION WEATHER CENTER

NOAA NATIONAL WEATHER SERVICE



Local Forecast



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Graphical Forecasts for Aviation - Winds

[GFA Home](#)

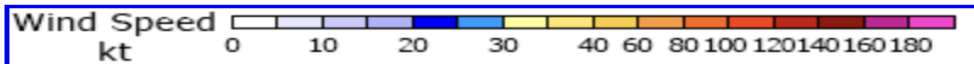
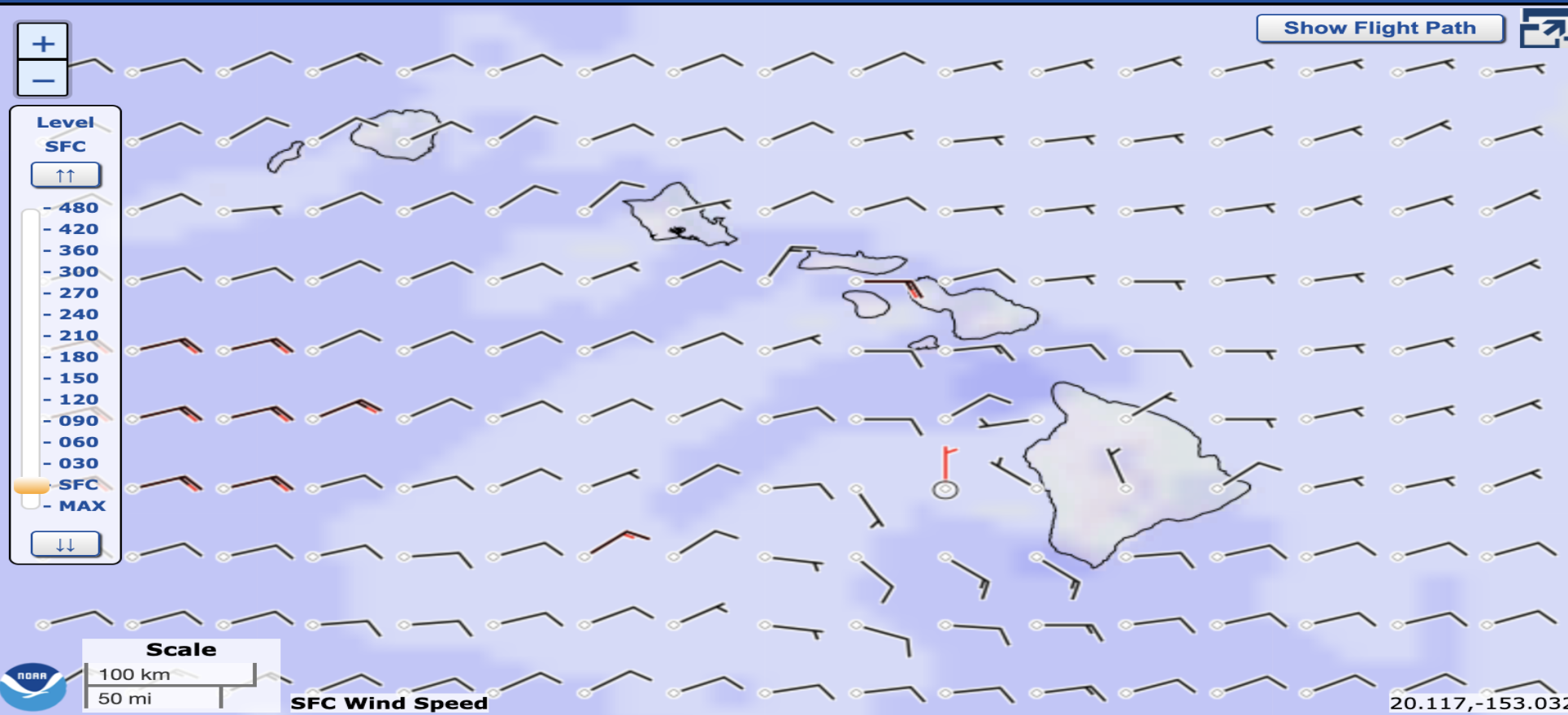
[Info](#)

[TAF](#) [CIG/VIS](#) [Clouds](#) [PCPN/WX](#) [TS](#) [Winds](#) [LLWS](#) [Turb](#) [Ice](#)

+1hr 1800 UTC Sat 27 May 2023

[Forecast](#) [Obs/Warn](#) [Map Options](#)

18Z 19Z 20Z 21Z 22Z 23Z 00Z 01Z 02Z 03Z 04Z 05Z 06Z 07Z 08Z 09Z 10Z 11Z



Warnings Winter Storm **WS** Blizzard **BZ** Ice Storm **IS** Storm **ST** Gale **GA** High Wind **HW**

AIRMETS STG SFC Wind **SfcWind** LLWS **LLWS** Below SFC

SIGMETS Convective **Conv** Thunderstorm **TS** Trop Cyclone **TC**

20.117,-153.032

Origin of wind and its causes

- In mountainous terrain, the winds are categorized into three types:

Prevailing - Upper-level winds.

Convective (local or valley) - Lower-level winds.

Surface winds – Layer of air lying close to the ground, less turbulent.

Prevailing wind

- Large scale direction and velocity of air mass movement.
- Generally, flows in horizontal fashion.
- Normally from northeast (trade winds) in Hawaii.

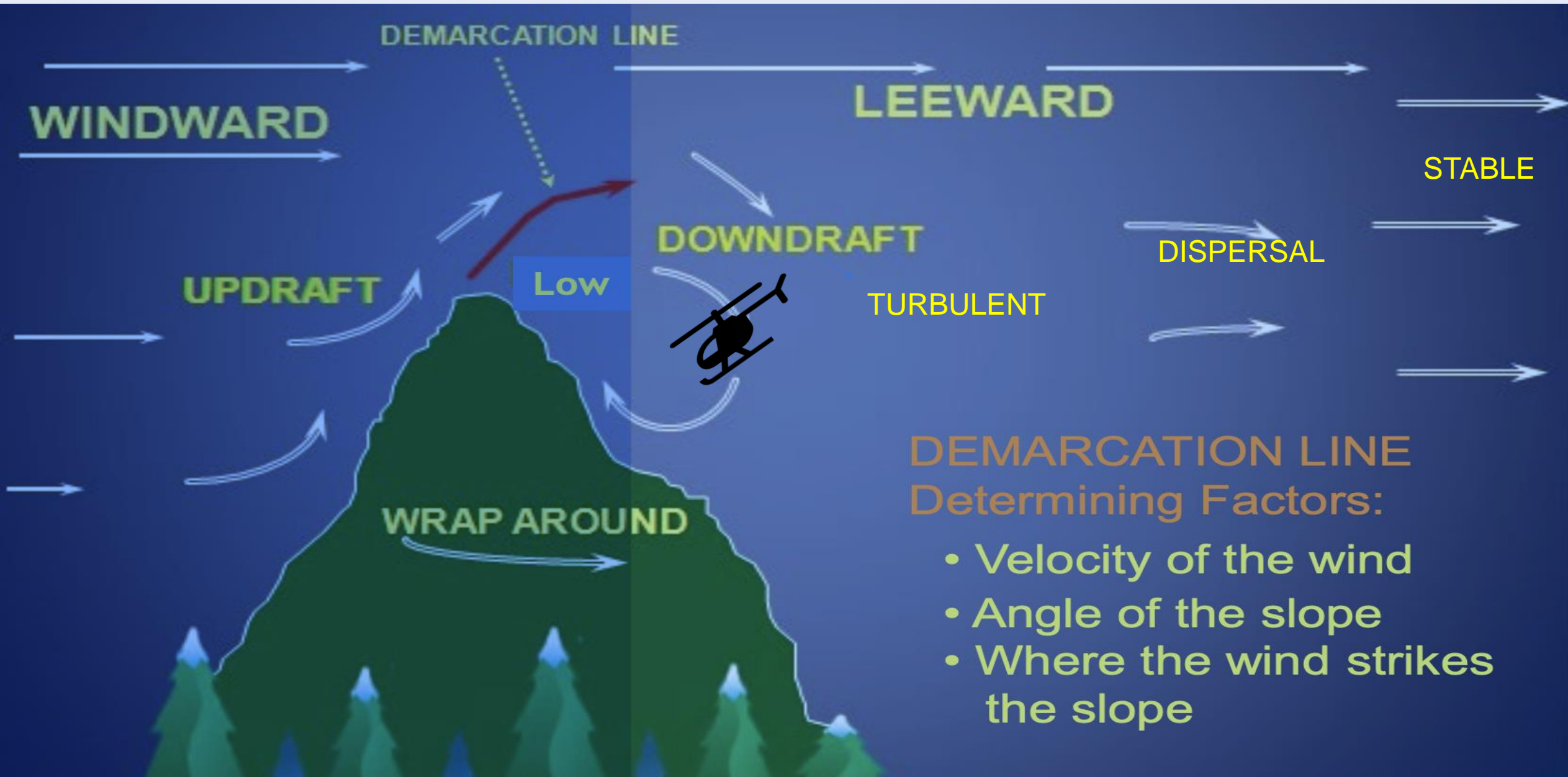
Convective winds (local or valley)

- Created by convection heating and cooling.
- Unstable air.
- Generally, flows parallel to larger valleys.
- Day – up flow / Night – down flow.

Convective winds (valley)



Wind zones



Summary

- Winds can often be dramatically different than forecast.
- Wind near surface often different than upper-level wind.
- The wind direction and velocity can change rapidly in mountainous terrain.
- Reduced Visibility: Mountains can generate weather phenomena such as fog, low clouds, or precipitation.

Turbulence and its causes

- Turbulence in aviation refers to the irregular and often unpredictable movement of air that can affect an aircraft during flight.
- It can range from mild bumps to more severe jolts and can be caused by various factors, such as weather conditions, atmospheric disturbances, and the interaction between different air masses.

FAA turbulence reporting criteria

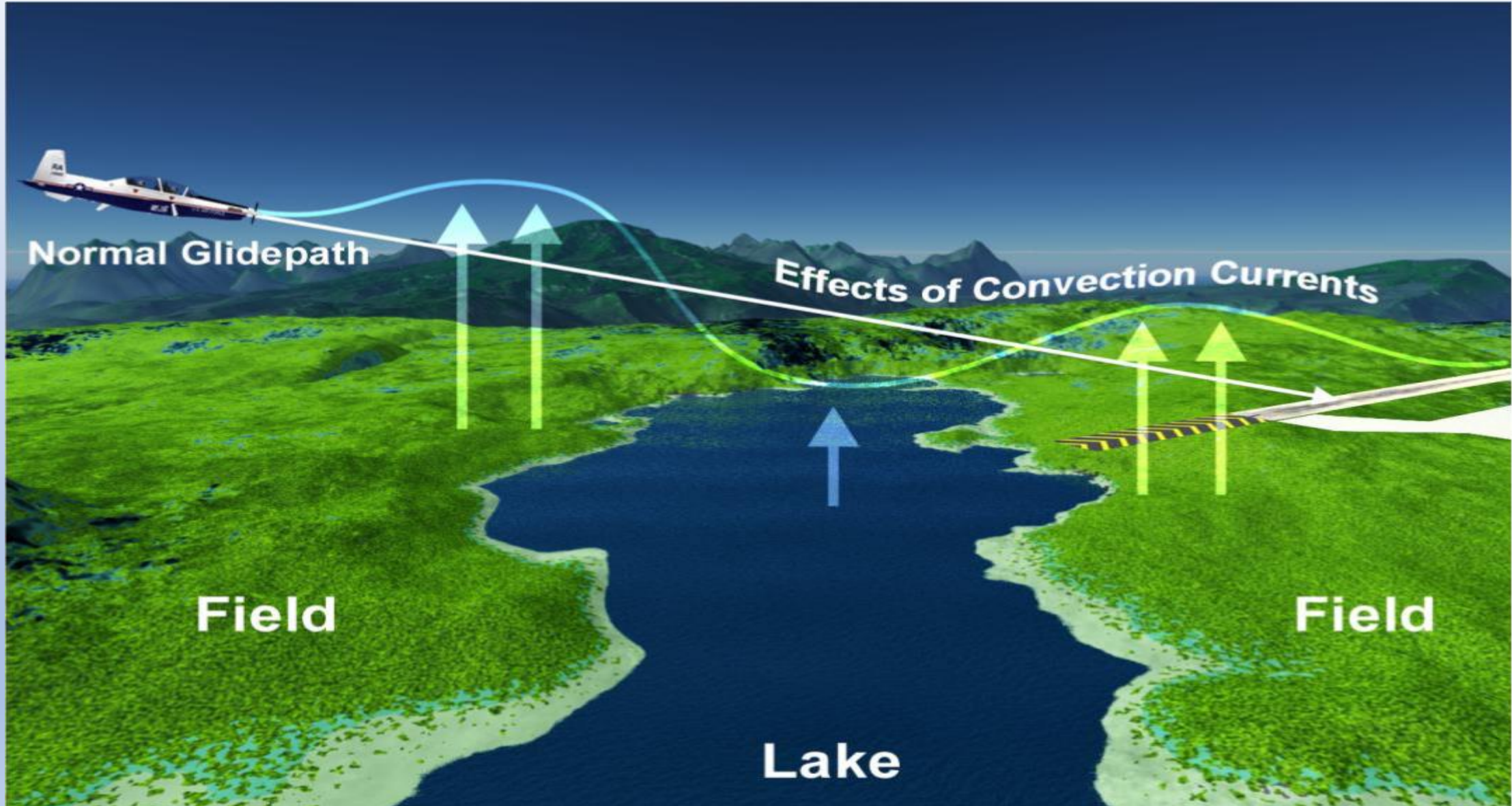
Intensity	Aircraft Reaction	Reaction Inside Aircraft
Light	<p>Turbulence that momentarily causes slight, erratic changes in altitude and/or attitude (pitch, roll, yaw). Report as Light Turbulence</p> <p>Or</p> <p>Turbulence that causes slight, rapid, and somewhat rhythmic bumpiness without appreciable changes in altitude or attitude. Report as Light Chop.</p>	<p>Occupants may feel a slight strain against seat belts or shoulder straps. Unsecured objects may be displaced slightly. Food service may be conducted and little or no difficulty is encountered in walking.</p>
Moderate	<p>Turbulence that is similar to Light Turbulence but of greater intensity. Changes in altitude and/or attitude occur but the aircraft remains in positive control at all times. It usually causes variations in indicated airspeed. Report as Moderate Turbulence</p> <p>or</p> <p>Turbulence that is similar to Light Chop but of greater intensity. It causes rapid bumps or jolts without appreciable changes in aircraft altitude or attitude. Report as Moderate Chop.</p>	<p>Occupants feel definite strains against seat belts or shoulder straps. Unsecured objects are dislodged. Food service and walking are difficult.</p>
Severe	<p>Turbulence that causes large, abrupt changes in altitude and/or attitude. It usually causes large variations in indicated airspeed. Aircraft may be momentarily out of control. Report as Severe Turbulence.</p>	<p>Occupants are forced violently against seat belts or shoulder straps. Unsecured objects are tossed about. Food service and walking are impossible.</p>
Extreme	<p>Turbulence in which the aircraft is violently tossed about and is practically impossible to control. It may cause structural damage. Report as Extreme Turbulence.</p>	—

Turbulence and its causes

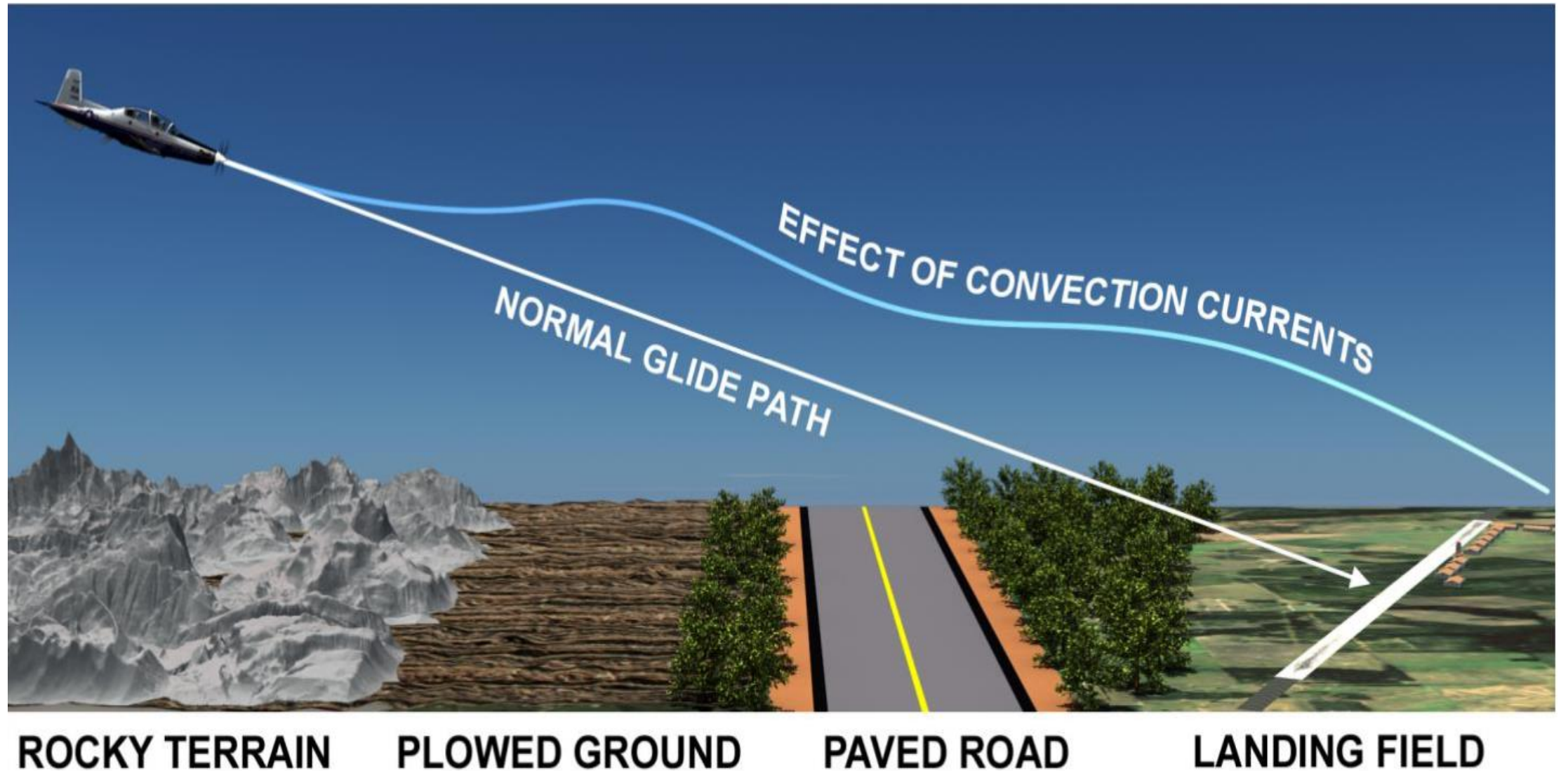
Turbulence types:

- **Convective Turbulence:** Caused by alternating currents of warm air rising and cooler air descending.
- **Mechanical Turbulence:** Caused by wind flowing over irregular terrain or obstructions, or by a marked change in wind speed or direction over a short distance.
- **Mountain Wave Turbulence:** Caused by air blowing perpendicular across the top of a mountain range. The most dangerous features of mountain waves are the turbulence in and below the rotor clouds.
- **Frontal Turbulence:** Produced when moving frontal boundaries are combined with convection and strong winds.
- **High Altitude Turbulence:** Variations in wind speed and direction principally in the vicinity of the jet stream and occurs above 10,000 feet. This is commonly called clear air turbulence (CAT) because of scant, visible evidence of its existence.

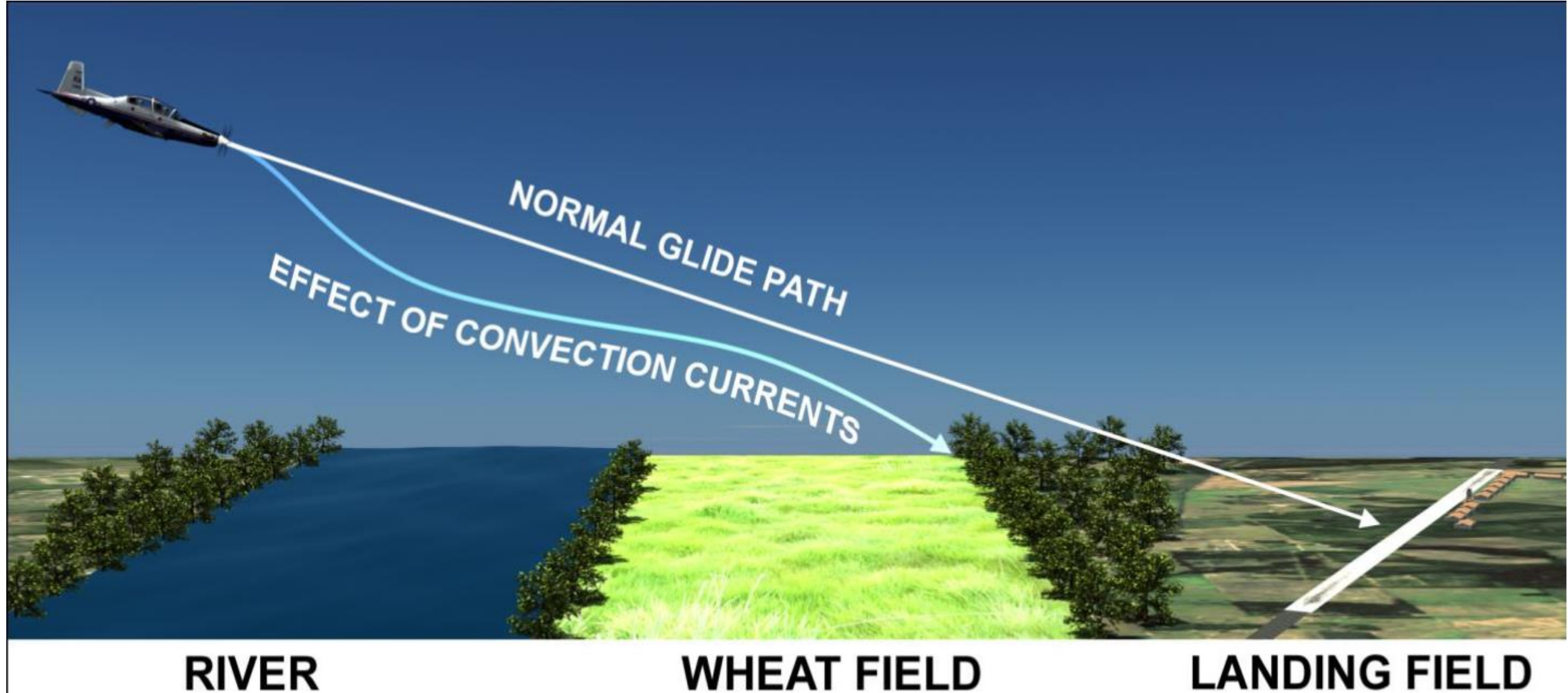
Strength of convective currents varies with composition of surface



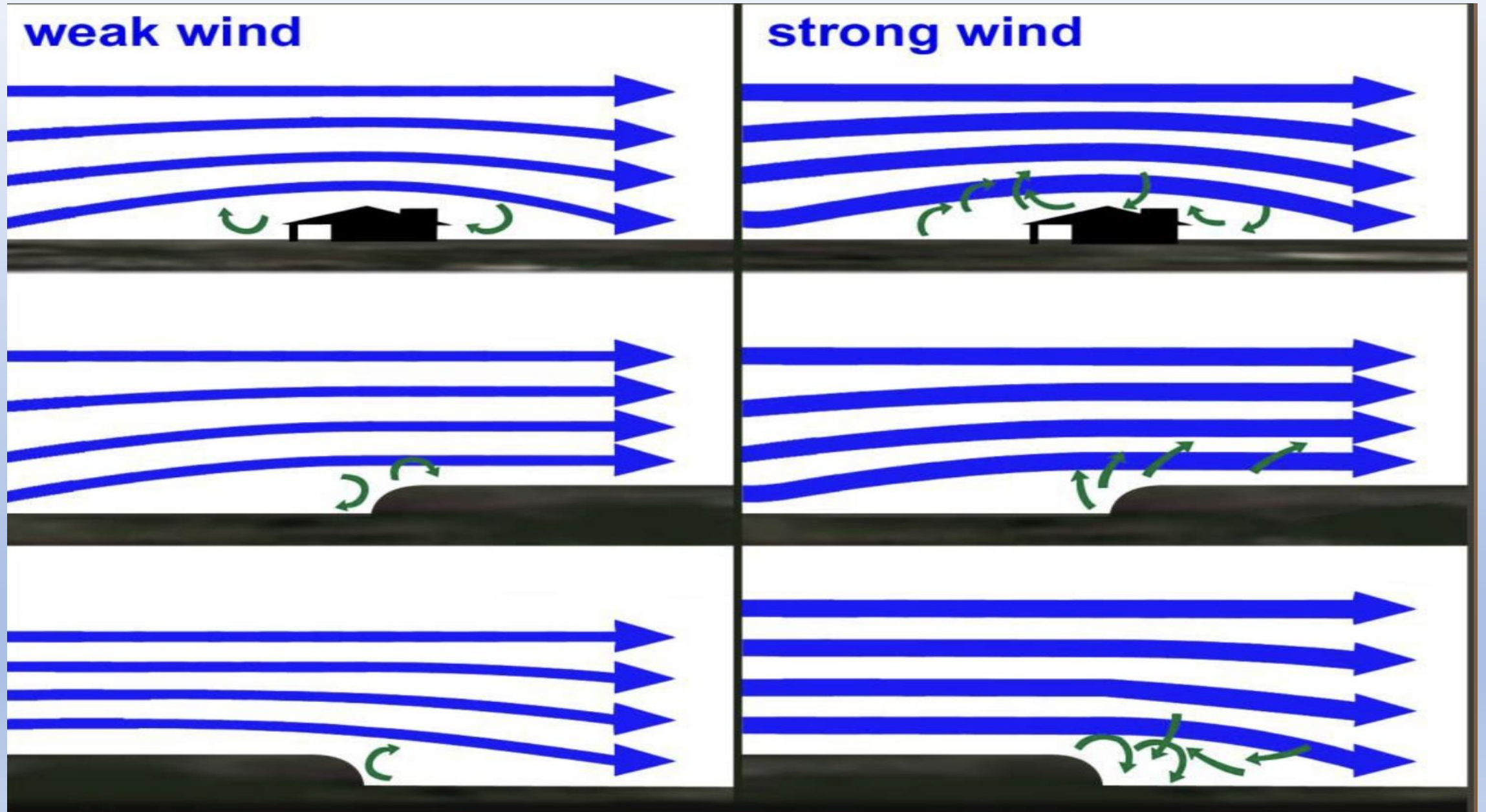
Updrafts may cause pilots to overshoot



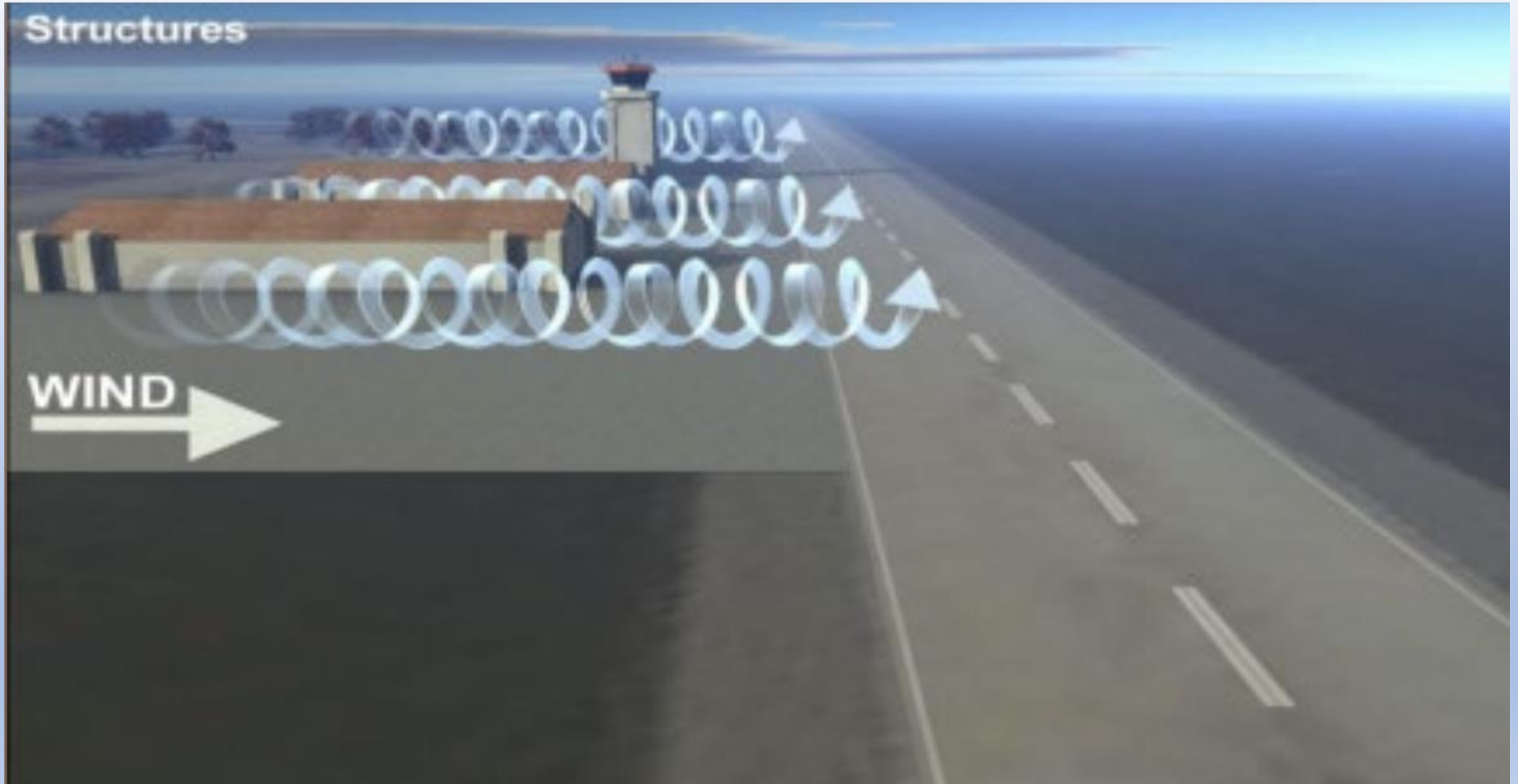
Downdrafts may cause pilots to undershoot



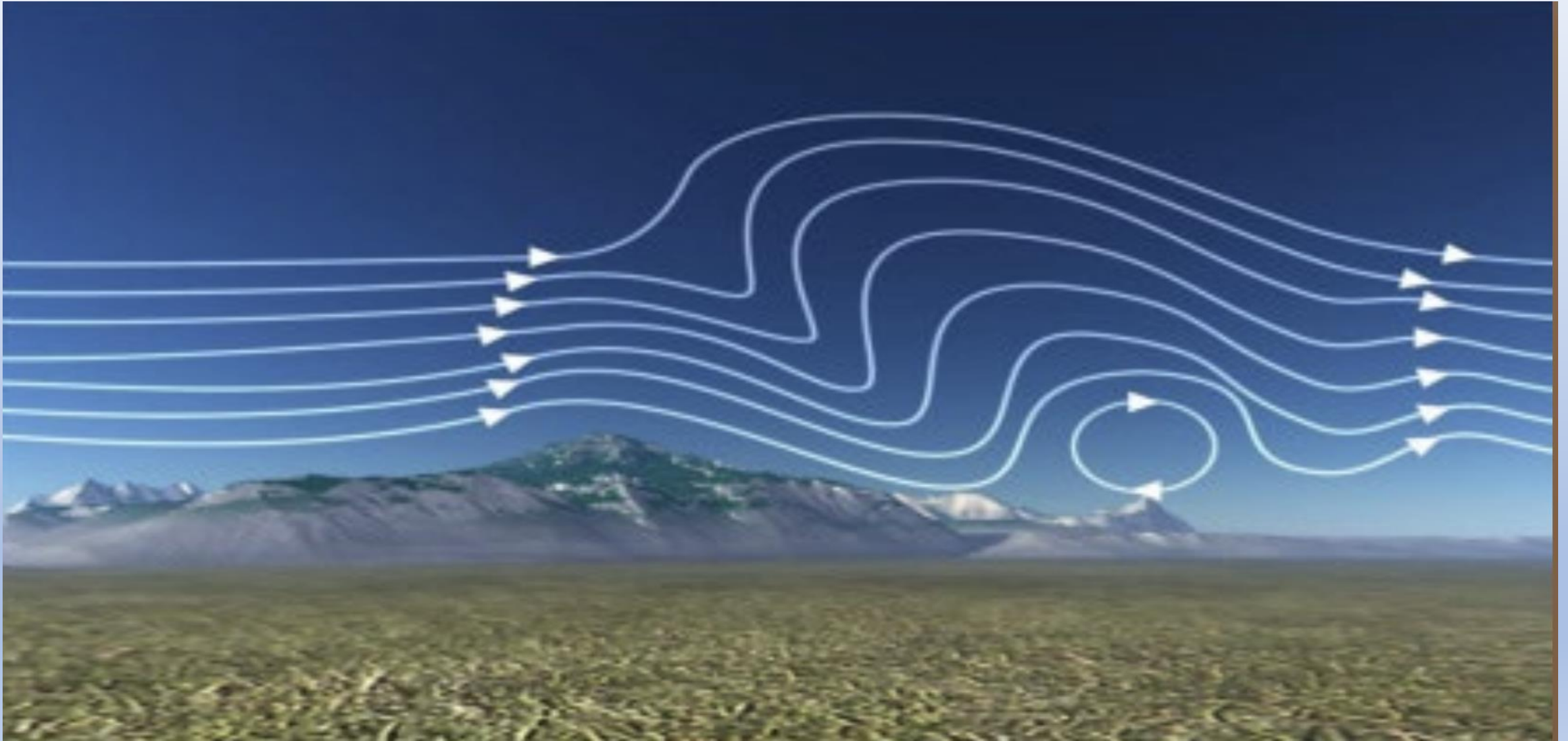
Surface obstructions cause eddies and other irregular wind movements



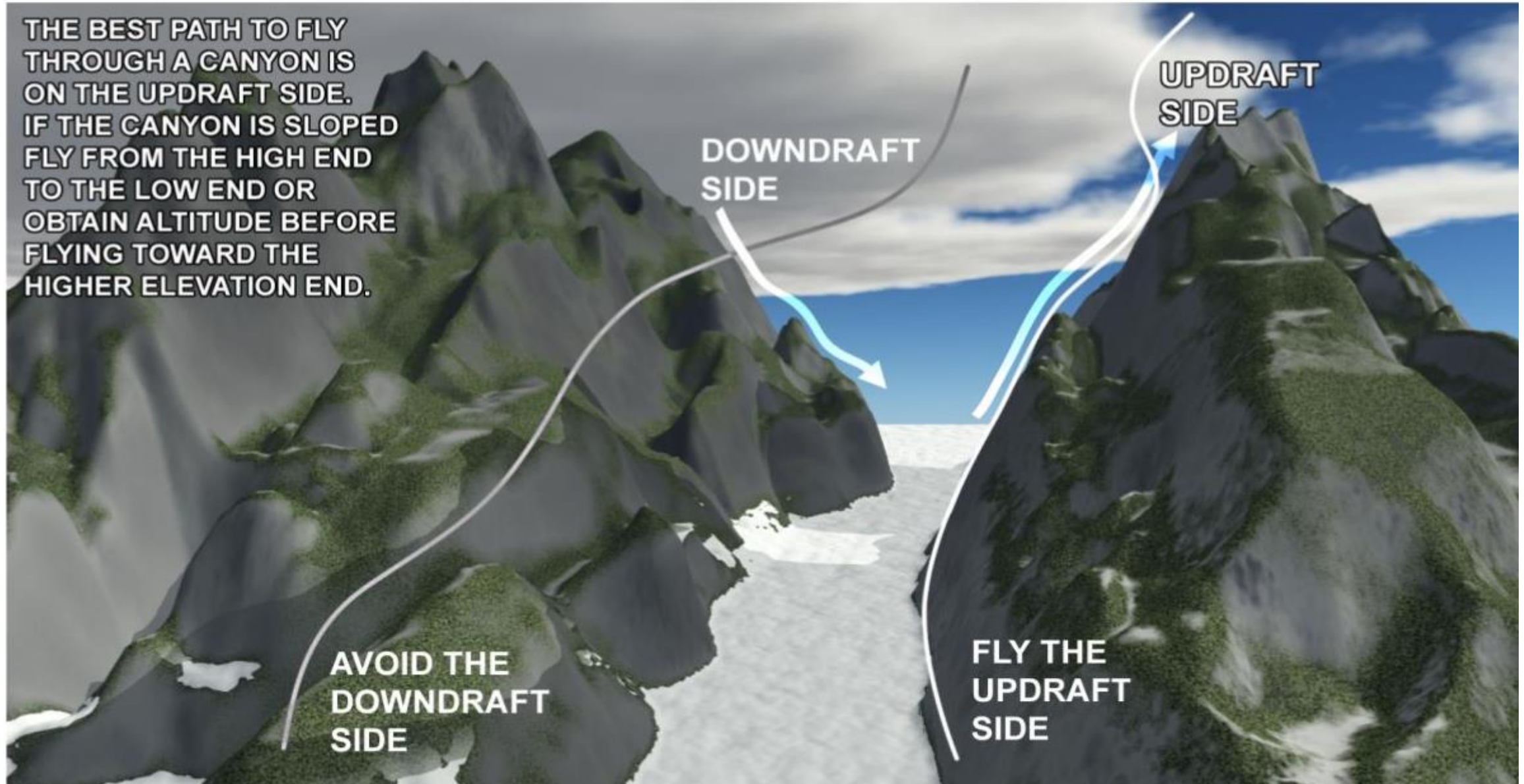
Buildings near landing areas may cause turbulence



Wind flow over mountain ranges produces turbulence



In a valley or canyon, safest path is on upslope wind side



The mountains funnel winds into passes and valleys, thus increasing wind speeds and intensifying turbulence (Venturi Effect).



Mountain wave

Near a mountain wave, the following conditions can exist:

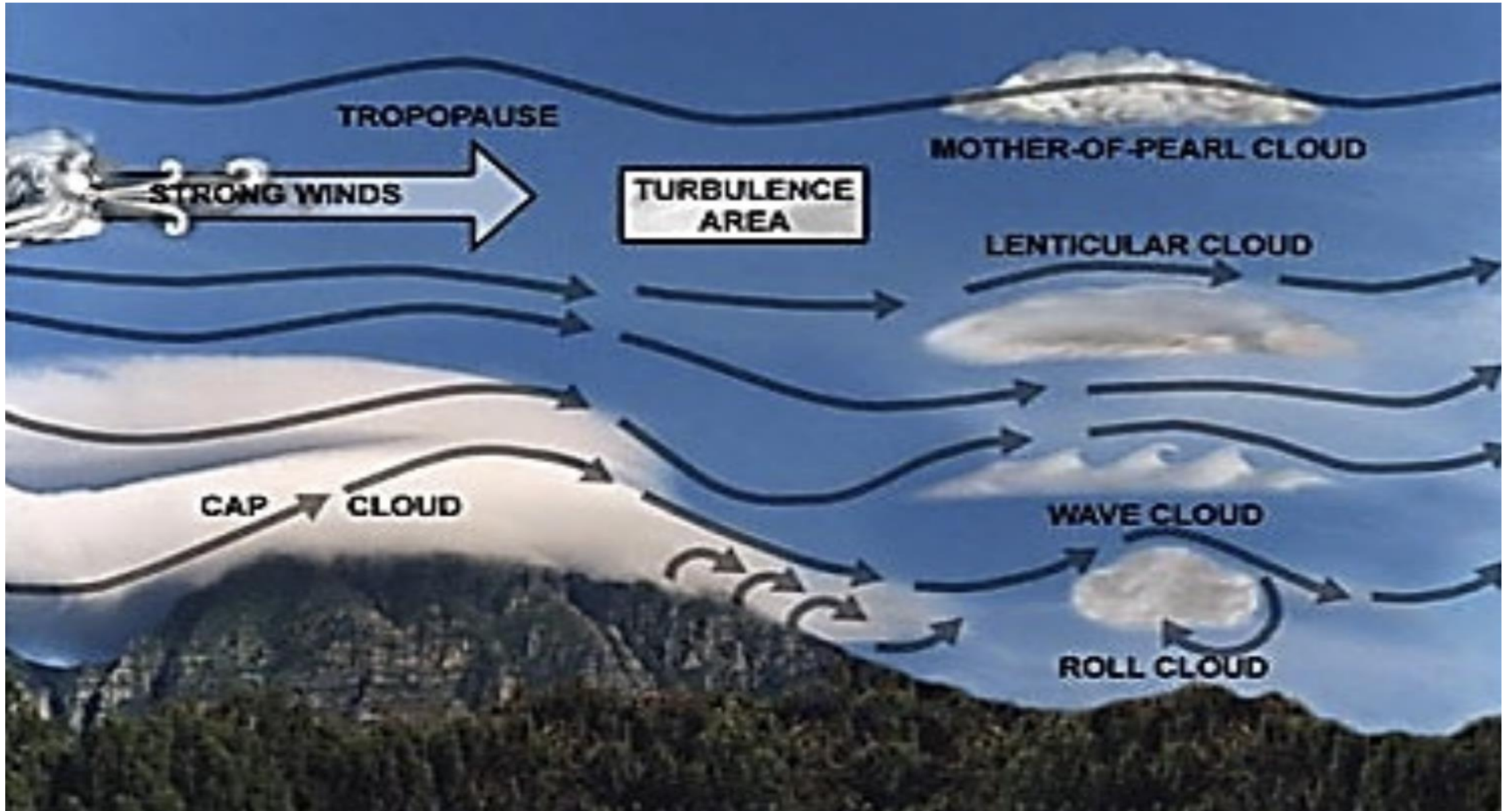
- Vertical currents of 2,000 FPM – 5,000 FPM.
- Turbulence varies from moderate to severe.
- Wind gusts up to 22 kts per hour between waves.
- Altimeter errors of as much as 1,000 feet.
- Icing.

Visual indicators of mountain wave:

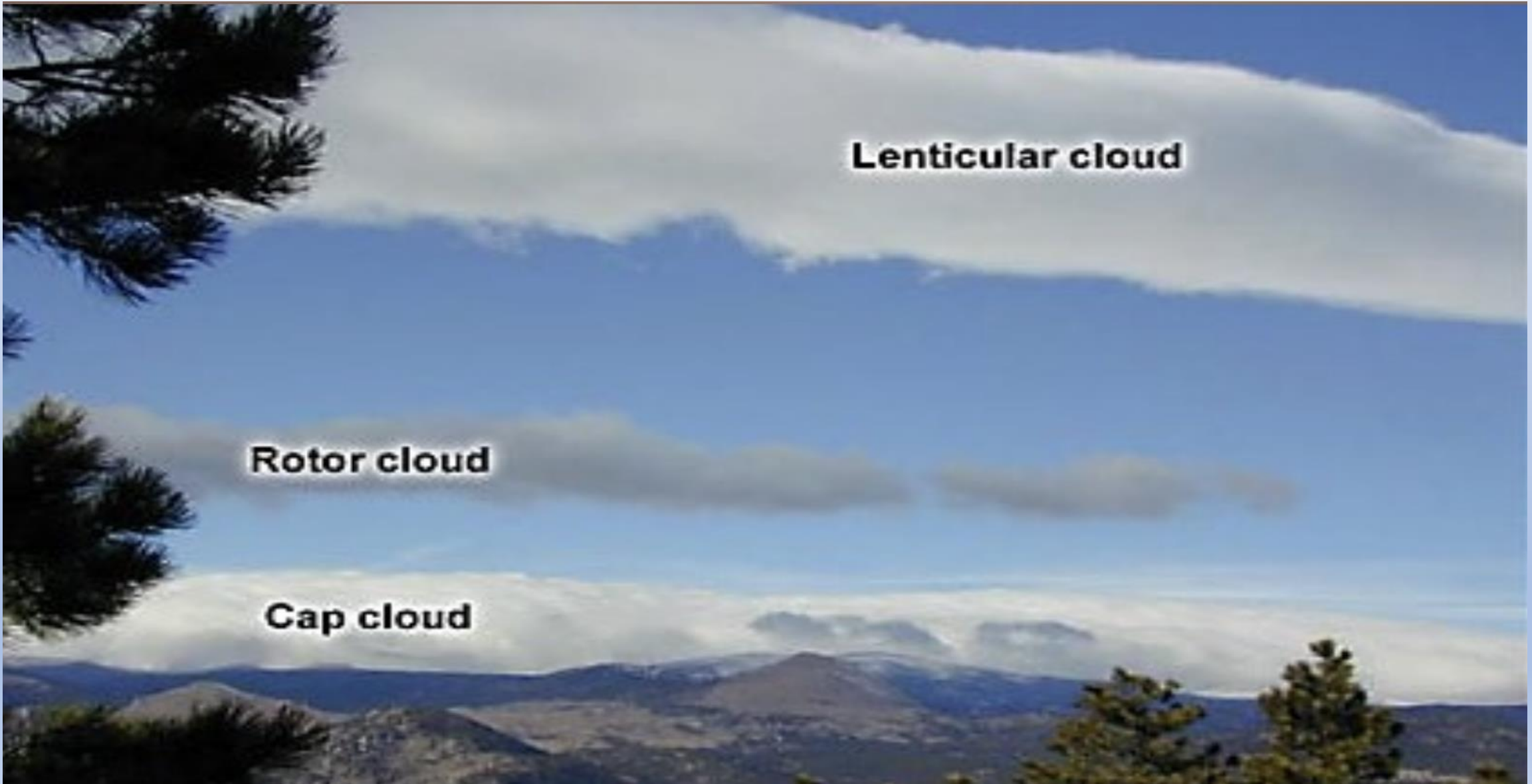
- Lenticular clouds
- Rotor clouds
- Cap clouds

- *Note: adequate moisture must be present for these clouds to form... a wave can be present without cloud formation.*

Typical cloud formation, main updraft and downdraft in mountain wave



Clouds associated with a mountain wave



Aviation Weather Overview

Info

METARS

TAFs

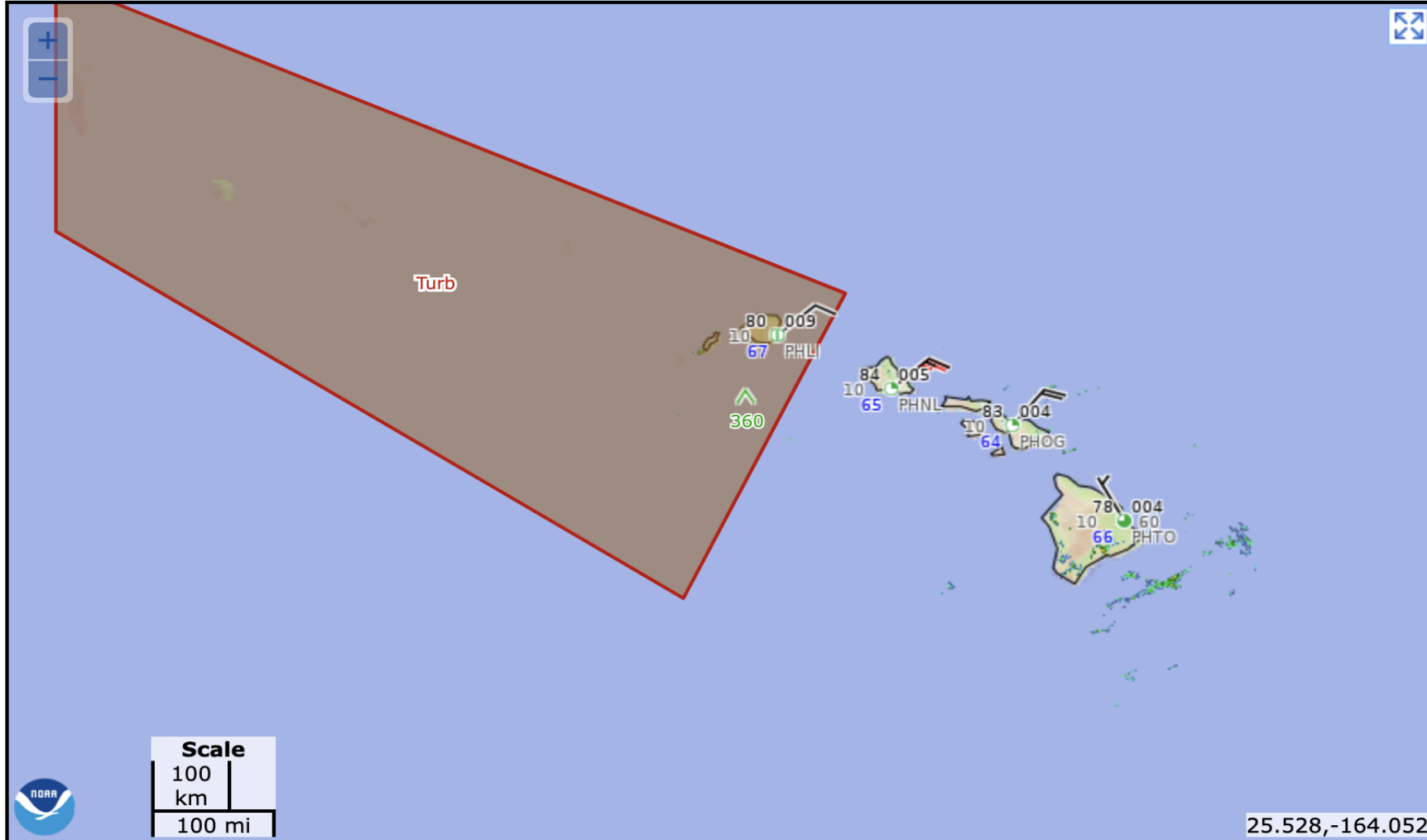
AIR/PIREPs

SIGMETs

G-AIRMETS

NOTICE Please check out the experimental preview of an upcoming version of this site at [Beta.AviationWeather.gov!](https://Beta.AviationWeather.gov/)

Data Overlay View Configure 2227 UTC Fri 26 May 2023



Flt Cat: ● MVFR ● IFR ● LIFR SIGMET [red box] [red box] CWA GAIRMET TurbHi TurbLo LLWS SfcWnd Icing Fra IFR Mtnob

PIREP Turb: ⌀ NIL ▲ LGT ▲ MOD ▲ SEV PIREP Ice: ⌀ NIL ▲ LGT ▲ MOD ▲ SEV PIREP Other: ✈

FLIGHT WEATHER BRIEFING

ARMY													
PART I – TAKEOFF DATA													
1. DATE (YYYY-MM-DD) 2023-04-21	2. ACFT TYPE/NO. CH-47D 472	3. DEP PT/ETD PHSF 21/1600 Z	4. RWY TMP +19 °C +66 °F	5. DEWPOINT +13 °C +56 °F	6. TEMP DEV °C °F	7. PRES ALT +5869 FT	8. DENSITY ALT +7890 FT	9. SFC WIND 27010KT T		10. CLIMB WINDS 01005KT (SFC-050)	11. LOCAL WEATHER WATCH/WARNING/ADVISORY NONE	12. RSC/RCR N/A	
13. REMARKS/TAKEOFF ALTN FCST T/O WX: 7SM FEW030													
PART II – ENROUTE & MISSION DATA													
14. FLT LEVEL/WINDS/TEMP SEE BELOW SEE BELOW			SEE ATTACHED			15. SPACE WEATHER NONE			16. SOLAR		LOCATION PHSF (LOC)		
050 PHSF - PHHI 10010KT/+15C						NO IMPACT MARGINAL SEVERE			BMNT 21/0518 Z				
			FREQ			X			SR 21/0608 Z	MR	21/0714 Z		
			GPS			X			SS 21/1854 Z	MS	21/2049 Z		
			RAD			X			EENT 21/1944 Z	ILLUM	5 %		
17. CLOUDS AT FLT LEVEL						18. OBSCURATIONS AT FLT LEVEL RESTRICTING VISIBILITY							
YES NO X IN AND OUT						X YES NO TYPE -SHRA 5SM							
19. MINIMUM CEILING - LOCATION 035 PHHI FT AGL				20. MAXIMUM CLOUD TOPS - LOCATION 070 EN ROUTE FT MSL				21. MINIMUM FREEZING LVL - LOCATION 150 EN ROUTE FT MSL					
22. THUNDERSTORMS OWS FCST			23. TURBULENCE OWS FCST			24. ICING OWS FCST			25. PRECIPITATION OWS FCST				
CHART 21/15Z-21/21Z			CHART 21/15Z-21/21Z			CHART 21/15Z-21/21Z			CHART 21/15Z-21/21Z				
X NONE AREA LINE	NONE IN CLEAR IN CLOUD		X NONE IN CLEAR IN CLOUD		X NONE RIME MIXED CLEAR		NONE DRIZZLE RAIN SNOW PELLET						
ISOLATED 1-2% MT	LIGHT		TRACE		LIGHT		LIGHT		X				
FEW 3-15% MT	MODERATE		LIGHT		MODERATE		MODERATE						
SCATTERED 16-45% MT	SEVERE		MODERATE		HEAVY		HEAVY						
NUMEROUS > THAN 45% MT	EXTREME		SEVERE		SHOWERS		SHOWERS		X				
HAIL SEVERE TURBULENCE & ICING HEAVY PRECIPITATION, LIGHTNING & WIND SHEAR EXPECTED IN AND NEAR THUNDERSTORMS			LEVELS NONE			LEVELS NONE			FREEZING				
LOCATION NONE			LOCATION NONE			LOCATION NONE			LOCATION PHHI				
PART III – AERODROME FORECASTS													
26. DEST/ALTN		27. VALID TIME		28. SFC WIND		29. VSBY/WEA		30. CLOUD LAYERS		31. ALSTG		RWY TMP	PA
Destination 21/1730 Z PHHI WHEELER AAF / SCHOFIELD B Z		TO 21/1730 Z 21/1830 Z		29006KT T		7		SCT025 BKN035		INS 29.94		+19 °C +66 °F	FT +819
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
Destination Z		TO Z		°T						INS		°C	FT
PART IV – COMMENTS/REMARKS													
32. BRIEFED RSC/RCR			YES X NOT AVAILABLE			33. PMSV 125.10		34. ATTACHMENTS		YES X NO			
35. REMARKS FOR UPDATES/DEBRIEFS/REPORTING PIREPS PLEASE CALL PHHI WX 8808-656-1016/17 OR WHEELER METRO/ PMSV 125.10													
PART V – BRIEFING RECORD													
36. WX BRIEFED TIME E21/0400 Z		37. FLIMSY BRIEFING NO. 110PHSF192228186		38. FORECASTER'S INITIALS JOB		39. NAME OF PERSON RECEIVING BRIEFING VITALIE GUMENIUC		MISSION ID / CONTROL # 110PHSF192228186		INTERNAL USE ONLY			
40. VOID TIME 21/0530 Z		41. EXTENDED TO / IN INITIALS Z		42. WX REBRIEFED TIME / IN INITIALS Z		43. WX DEBRIEF TIME / IN INITIALS Z		FAX NO.		INTERNAL USE ONLY			

- DD FORM 175-1
- 17 OWS



Mitigating the hazards

- Helicopter pilots operating in mountainous environments require specialized training, experience, and knowledge of the area.
- Pre-flight planning, detailed weather briefings, and understanding local topography are crucial.
- Regular use of Graphical Forecasts for Aviation and other NWS products.
- Give a PIREP for the flight conditions
- ADS-B In (FIS-B and TIS- B)



Bibliography

- U.S. Department of Transportation, Code of federal Regulations, Title 14, Chapter I, Subchapter F, Part 95
- “Chapter 12, Weather Theory.” Pilot’s Handbook of Aeronautical Knowledge, U.S. Department of Transportation, Federal Aviation Administration, Flight Standards Service, Washington, D.C., 2022.
- United States Army Training Circular 3-04.14-2 Air Force Handbook 11-203, Volume 2 Flying Operations Weather for Aircrews -Products and Services 20 January 2016. Create space Independent Publishing Platform, 2 Mar. 2017.
- Federal Aviation Administration. *FAR/AIM, 2020 : Federal Aviation Regulations /Aeronautical Information Manual*. www.faa.gov, 23 Apr. 2023.