

Trust. Looking at the Simple, but Important Concept at the Heart of Every Strong Leader

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Most people who have attended any type of leadership training have gone through trust exercises. Why are these activities important? The answer is simply that these exercises demonstrate the important concept that to lead someone successfully, there must be a degree of trust between the leader and those whom that person is leading.

Trust is by definition (*Merriam-Webster Dictionary*), “the assured reliance on the character, ability, strength, or truth of someone”. Unfortunately, there are many leaders who have not gained the trust of those they are leading, and the consequences of this lack of trust can be detrimental to the ability for the workplace to function in a successful manner.

This talk will discuss trust, the importance of trust in the workplace, and specifically how these concepts relate to the National Weather Service environment. It will also speak to ways trust can be built in order to improve relationships and the functioning capabilities of the workplace.

Time Requested: 15 min

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